

\*\*\*\*Yellow highlight indicates location has been updated\*\*\*\*

Onsite Fitness Class Schedule September 1 - September 26				
Times	Monday	Tuesday	Wednesday	Thursday
	September 1	2	3	4
12:10 PM (Location)	<b>HOLIDAY!!! NO CLASSES!!!</b>	Muscle Toning (Room 430)	Total Body Fitness (Ag Aud.)	Muscle Toning (Room 430)
5:30 PM		Pilates	Zumba (5:35 PM)	Pilates
5:45 PM (Location)		(Rotunda)	(Ag Center)	(Ag Aud.)
	8	9	10	11
12:10 PM (Location)	Total Body Fitness <i>TRA Room in the Civic Center Complex, across the hall from the Civic Center @ 100 E. Caroline St.)</i>	Muscle Toning (Room 430)	Total Body Fitness (Ag. Aud.)	Muscle Toning (Room 430)
5:30 PM	Zumba (Ag Center)	Pilates	Zumba (5:35 PM)	Pilates
5:45 PM (Location)		(Admin Bldg 4th Floor)	(Ag Center)	(Rotunda)
	15	16	17	18
12:10 PM	Total Body Fitness <i>TRA Room in the Civic Center Complex, across the hall from the Civic Center (@ 100 E. Caroline St.)</i>	Muscle Toning (Admin Bldg. Room 430)	Total Body Fitness <i>TRA Room in the Civic Center Complex, across the hall from the Civic Center (@ 100 E. Caroline St.)</i>	Muscle Toning (Admin Bldg. Room 430)
5:30 PM	Zumba (Ag Center)	Pilates	Zumba - 5:35 PM	Pilates
5:45 PM (Location)		(Rotunda)	(Ag Center)	(Rotunda)
	22	23	24	25
12:10 PM (Location)	Total Body Fitness <i>TRA Room in the Civic Center Complex, across the hall from the Civic Center (@ 100 E. Caroline St.)</i>	Muscle Toning (Admin Bldg. Room 430)	Total Body Fitness <i>TRA Room in the Civic Center Complex, across the hall from the Civic Center (@ 100 E. Caroline St.)</i>	Muscle Toning (Admin Bldg. Room 430)
5:45 PM	Zumba (Ag Center)	Pilates	Zumba (5:35 PM)	Pilates
5:45 PM (Location)		Admin Bldg. 4th floor	(Ag Center)	Admin Bldg. 4th floor

